



ESSEX COUNTY SHERIFF'S DEPARTMENT

Frank G. Cousins, Jr., Sheriff

NEWSLETTER - JULY 2013



A message from Sheriff Frank G. Cousins, Jr.

With the summer season upon us, the Essex County Sheriff's Department is looking forward to a number of events and programs in addition to providing services and security to the people of Essex County.

In February, approximately 50 guests attended the official ground breaking ceremony for the new \$11 million regional support services building which will streamline the intake of offenders. The new 17,000 square-foot building will provide a secure, enclosed sally port area for the transport of inmates to and from court. The building will also include an intake and inmate property storage area, areas for bail posting, fingerprinting, facial recognition, medical evaluation and records. The plans also include converting the existing intake building into a 24 bed lock up for some women who are currently sent to MCI-Framingham. Being built across from the administration building and part of the master plan, the new facility has been in the offing for approximately 11 years. The project is expected to be completed in early 2014.

On April 8th, we welcomed the new BTA Academy Class 13-01 (see article page 5). Along with the basics of academy life, ECSD recruits are taught intense academics and must qualify in ECSD policies and procedures. These new recruits are highly trained and committed to becoming professional correctional officers. The graduation was held on June 19th.

In the wake of the bombings at the Boston Marathon, the Essex County Sheriff's Department was thorough and quick to respond in providing security and services for the city of Boston and its surrounding communities. The Essex County Sheriff's Department was proud to join in this collaborative effort with other law enforcement agencies and diligent in maintaining the safety and the well-being of the people of Essex County and Massachusetts.

I am pleased to announce that, in April, a new academy program, geared to developmentally disabled adults, was created and implemented (see article page 2). I congratulate all staff who facilitated the five week program. It is incumbent upon us to serve all citizens of Essex County. We thoroughly enjoy working with organizations that serve the special needs population. This academy will continue and is open to all resource departments in Essex County for adults with disabilities.

In conjunction with several Essex County police and fire departments and District Attorney Jonathan Blodgett, the ECSD was pleased to recognize the month of May as **"Senior Citizen Month."** Area chapters of TRIAD (see article page 6) planned and organized various events throughout the area. Congratulations and my best wishes to all Essex County senior citizens.

I am proud to announce that the new Regional 911 Dispatch Center has been completed. Located at the entrance to the Middleton facility, the construction project began in 2011 and is a state-of-the-art facility. An official ribbon cutting ceremony is planned for sometime in the near future. Congratulations and many thanks to Tom Dubas, Director of the 911 Center, and his staff for their knowledge, professionalism and unwavering commitment to this project. With the operational phase in its early stages, Essex and Wenham were the first communities to "go live" at the end of June.

Again this year, thanks to a grant from HIDTA **"High Intensity Drug Trafficking Areas,"** I am pleased to announce the Youth Leadership Academy began July 1st and continues through August 23rd (see article page 4). It promises to be an educational and fun-filled academy. Congratulations and many thanks to the staff members who have organized and facilitated the program. It is through their hard work and effort that this program continues to be successful every year.

We continue to provide outstanding care and custody for inmates and insure the security of the citizens of Essex County. We are committed to maintaining our positive and effective working relationships. I wish to thank all ECSD employees for all their hard work and efforts. To the people of Essex County, we at the ECSD continue and look forward to serving you.



Special Outreach Academy 13-01 receives oath as Honorary Deputies from Sheriff Frank G. Cousins, Jr.

ESSEX COUNTY SHERIFF'S DEPARTMENT SPECIAL OUTREACH ACADEMY

The State of Massachusetts encourages resource departments for adults with disabilities to provide education, at various levels, on job information in state government and the private sector. The goal is to mainstream the individual into his/her respective community whether by attending classes or providing job opportunities. With the approval of Sheriff Frank G. Cousins, Jr., Assistant Superintendent Jason R. Ebacher and Executive Assistant Judy Lacroix have adapted a program to suit the special needs population. The new program is called "**Special Outreach Academy.**" Judy Lacroix, a long-time volunteer and member of the Board of Directors of Opportunity Works in Newburyport, felt the agency would be a good model for this pilot program.

A.S. Ebacher, Judy Lacroix and Barbara Cross, the Director of Career Development for Opportunity Works, developed the program using the current Citizen's Academy program as a model. Director of Communications A.S. Maurice Pratt and Officer Laura Dow created PowerPoint presentations adjusted to fit the needs of the participants. A.S. Ebacher enlisted staff members to help facilitate the program.

The pilot program was held one day per week, for five consecutive weeks and accommodated eight participants. Opportunity Works provided the transportation with staff members accompanying the participants.

1. **Week One:** Sheriff Frank G. Cousins, Jr. welcomed the participants. Led by A.S. Ebacher, the participants toured the Middleton Facility.
2. **Week Two:** "*K-9 Demonstration*" facilitated by Sgt. George Gikas and Sgt. Jennifer Walsh "*What it is like to be a Correctional Officer*" facilitated by Officer David Fortune.
3. **Week Three:** "*Staying Positive – Respect, Integrity and Community*" facilitated by A.S. Maurice Pratt, Director of Communications.
4. **Week Four:** "*Self Defense and Personal Advocacy*" facilitated by Lt. Shelly Ehlers, Lt. Christopher Mansur and Officer Laura Dow.
5. **Week Five:** "*Graduation*" – Certificate of Attendance - Distinction of being named an Honorary Deputy. Parents, guardians and staff from Opportunity Works attended the ceremony.

This program is unparalleled in that it is most likely "a first" of its type in the state, unique in that it is geared to the special needs adult population. This program will provide Opportunity Works and similar agencies across Essex County with a more broad knowledge of the Essex County Sheriff's Department. This program will be expanded to include other special needs agencies in Essex County and will accommodate up to twenty participants. Many thanks to Barbara Maher, Chief of Staff, and Joanne Marks, HR Director, for their support and efforts in facilitating this program. Special thanks to Barbara Cross at Opportunity Works and the staff of the Essex County Sheriff's Department. This collaborative effort will create a positive and educational environment for adults with disabilities.

CARFit

RECOGNIZING THE NEED

The Essex County Sheriff's Department, in conjunction with several local police and fire departments, is proud to offer the CarFit Program to Essex County senior citizens.

CarFit focuses on helping senior citizens adjust certain aspects of their vehicles so that they are more comfortable and safer drivers. Certified CarFit technicians, A.S. Maurice Pratt and Retired A.S. John Russell, will check to see that the vehicles have a clear line of sight over the steering wheel, head restraint and seats are adjusted properly, easy access to gas and brake pedals, and the seat belt is in the proper position and comfortable. These are just a few items on the check list that will help drivers benefit from their safety features and will make the driver more comfortable and in better control.

The CarFit program is free to all senior citizens. If you are a member of a non-profit organization and would like to host a CarFit event, please call one of the certified CarFit technicians of the Essex County Sheriff's Department: John Russell at (978) 979-5233 or A.S. Maurice Pratt at (978) 750-1900, ext. 3543.



EMERGENCIES DON'T WAIT

The American Heart Association states that, this year, heart disease and stroke still rank as the nation's #1 and #4 causes of death respectively. There is no substitute for training!

On March 6, 2013, 22 Middleton residents were certified in CPR. Several months of collaboration between the Essex County Sheriff's Department and the Middleton School Committee resulted in an educational and very positive impression on the Middleton residents in attendance. The class was held one evening from 6:30PM to 10PM at the Danvers Armory. Facilitator, Captain James Foley along with instructors Lt. Shelly Ehlers, Lt. Christopher Mansur, Sgt. Jennifer Walsh and Officer Laura Dow, provided training in total compliance with the American Heart Association. The Officers demonstrated and instructed the group on how emergencies "*don't wait.*" Part of the training included the importance of restoring the flow of oxygenated blood to the brain and heart by emphasizing manual chest compressions. During this thought provoking and proactive evening, the Middleton residents were impressed by the knowledge and professionalism of our training staff. Congratulations to the residents on being certified and to our staff for creating a positive and educational environment.

LIBRARY NEEDS BOOKS

The ECSD Library is in need of book donations. Especially needed are books in Spanish and Large Print books. All books must be paperbacked. Books with topics that are not accepted are: weaponry, tattoos, gang related, pornography etc. Unfortunately, we cannot accept periodicals. All donated books should be brought to the ECSD warehouse between the hours of 6am and 1pm. Librarian, Marita Klements, is diligently working to bring our library up to date with current books and materials. She also encourages inmates to read as much as possible.



ESSEX COUNTY SHERIFF'S DEPARTMENT YOUTH LEADERSHIP ACADEMY

The Essex County Sheriff's Department Youth Leadership Academy began on July 1st and will continue through to August 23rd. The ECSD in conjunction with a grant from HIDTA "**High Intensity Drug Trafficking Areas**," provides the Youth Leadership Academy, a non-profit, with educational, well structured and disciplined program services.

With safety being a very high priority for all participants, the program uses a wide variety of games and team-building activities. These games and activities challenge each participant both physically and mentally and help to develop teamwork and cooperation. There are two age groups: The Junior Academy ages 8 -11 yrs and the Senior Academy ages 12-15 yrs. New this year, is a CPR course geared to each group age level. The participants will also visit Wolf Hollow, Buttonwoods Museum and will be educated in Crime Scene Investigations, Internet Safety and Cyber-Bullying. Some of the other activities planned are: Laser Quest, Ropes Course, Jump On In, a fishing trip and archery.

The Youth Leadership Academy continues to be a very popular summer program and creates a positive atmosphere which builds integrity and leadership in the young people of today. For information and application, please go to the Sheriff's website, www.mass.gov/essexsheriff/communityservices. You can also contact us at 978-750-1900 ext. 3312 or e-mail ya@ecsf.com.

HIGH FIVE



On Friday, March 29, 2013, the Essex County Sheriff Department's Security Investigations and K-9 teams conducted an extensive search in Middleton for an elderly male with dementia. Director of Security Investigations A.S. Aaron Eastman instructed A.S. Anthony Turco and Investigators David Earle, Jose Hernandez and Richard Smith to conduct the search. After a thorough search of one specific neighborhood, the elderly gentleman was located by the Essex County Sheriff's Department and the Middleton Police were notified. This situation had a positive conclusion on what could have had a disastrous outcome. Congratulations to all on a job well done!



BTA Class 13-01

**“WE ARE ONLY AS STRONG
AS OUR WEAKEST LINK”**

For ten weeks, 21 men and 1 woman of BTA Class 13-01 were taught the very basics of academy life and lived the life of Essex County Sheriff Department’s rules, regulations and protocol. The ECSD academy is very thorough in educating the recruits on the importance of education, organization and endurance through physical training and all other aspects of correctional officer training. Each recruit must qualify in Fire Safety, First Aid/CPR, Massachusetts General Laws, ECSD policies and procedures and must also qualify on the firing range. Graduation was held June 19, 2013.

RECRUIT TEAM LEADER
Adam Kusser

GUIDON BEARER
Nicholas Maloney

CLASS TREASURER
Joseph Lavoie

SECTION A
Recruit Section Leader, Curtis Davis

George Avenor
Ryan Baring
Scott Calhoun
Keith Crowley
Kender DesRosiers
Tonika Feliciano
Scott Foley
Brett Gauthier

SECTION B
Recruit Section Leader, Sean Murphy

Jon Latorella
Andrew Leinson
Patrick Machain
James McDougall
Timothy McElhinney
Erick Melanson
Michael Silvestro
Alex Wilson
Keith Yoshizumi

AWARDS

LEADERSHIP
Adam Kusser

PHYSICAL FITNESS
Ryan Baring

SHERIFF’S ACADEMIC AWARD
Joseph Lavoie

OVER & UNDER
Curtis Davis

BANNER AWARD
Michael Silvestro

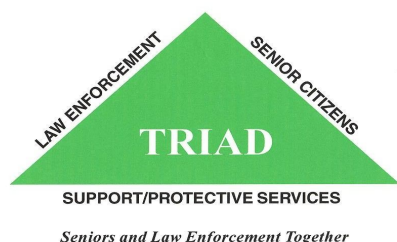
DRILL INSTRUCTOR’S AWARD
Curtis Davis

TOP GUN
Ryan Baring

PROMOTION

CONGRATULATIONS

Lieutenant Heather McIntire



TRIAD is a collaborative effort between Sheriff Frank G. Cousins, Jr., District Attorney Jonathan Blodgett, the police and fire chiefs, Council on Aging and supportive services from each community in Essex County. **TRIAD** empowers senior citizens to assist members of their community by creating and organizing various programs throughout the community.

May was “**Senior Citizen Month**”. The facilitators of **TRIAD** continue to concentrate on providing its members information on Senior Bullying. Reports show that one in five senior citizens fall prey to physical or verbal abuse. According to www.bullyingstatistics.org, there are five different types of adult bullies.

The Narcissistic Adult Bully: these bullies are self-centered and do not share empathy with others.

The Impulsive Adult Bully: these bullies are more spontaneous and may not be intentional.

The Physical Bully: these bullies can physically harm the victim, or threaten harm.

The Verbal Bully: these bullies use rumors and other verbal information, whether factual or not, to dominate or humiliate the victim.

The Secondary Adult Bully: this is someone who does not initiate the bullying, but joins in. They may feel bad about what they are doing, but are more concerned about protecting themselves.

According to www.articleslash.net/Health-and-Fitness/204276, many seniors lack the communication skills to deal with bullying especially in the family environment. They fear addressing their family members, and others, about intimidation whether it is verbal or physical. It is important to inform any senior citizen that they are, first and foremost, a person with rights and they deserve all the benefits of a human being. Many adult bullies were often bullies or bullied as children.

TRIAD is encouraging senior citizens to be assertive, to stand up and empower themselves against any form of bullying. For more information on “**Senior Citizen Bullying**” please go to the above websites. **DO NOT** ignore the bullying. Report the behavior to the proper authorities.

If you would like more information on **TRIAD** and its locations, please contact Essex County Sheriff’s Department at 978-750-1900 – A.S. Jason Ebacher ext. 3404, A.S. Maurice Pratt ext. 3543 or John Russell at 978-979-5233.

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July - 2013

Please visit our website for Programs and Community Services

www.mass.gov/essexsheriff

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